




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 LUNCH at The CEDARS (250-477-4850) Menu for the Month of JUNE 2024 Served 12:00 – 12:30pm <i>*** Fruit juices and milk always available *** Please ask your Server for the Soup of the Day ***</i> <i>***Chef salad available with notice ***Fresh made sandwiches always available at lunch***</i> Tossed greens always available, ***Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request.***						1 Clubhouse Sandwich Strawberries & Cream
2 Buttermilk Pancakes w/ Sausages Crackle Top Molasses Cookies	3 Hawaiian Pizza Melt w/ Veggies & Dip Fruit Salad	4 Ploughman's Lunch Nanaimo Bars	5 Roasted Pear Salad w/ Provolone Cheese & Walnuts Yogurt Berry Parfait	6 Ham and Swiss Sandwich Fruit Plate	7 Chef's Salad w/ Fresh Roll Peanut Butter Cookies	8 Chicken Sliders w/ Yam Fries Vanilla Pudding
9 Breakfast Sandwich w/ Hashbrowns Chocolate Chip Cookies	10 Roast Turkey & Pesto Sandwich Fruit Plate	11 Chicken Strips w/ Caesar Salad Date Squares	12 Macaroni & Cheese w/ Sliced Tomatoes Apricot Halves	13 Chef's Choice Quiche w/ Veggies Blueberry Yogurt	14 Beef Dip w/ Home Fries Gluten Free Brownies	15 BLT w/ Bean Salad Stewed Berries
16 <u>Father's Day</u> Fried Eggs w/ Hash Browns & Bacon Dads Cookies	17 Fish & Chips w/ Coleslaw Raspberry Swirl Frozen Yogurt	18 Baked Salmon w/ Garden Salad Peaches & Cream	19 Monte Cristo w/ Fresh Fruit Mango Tapioca	20 Trio Salad Plate w/ Roll Fruit Plate	21 Egg Salad Croissant Pear Halves	22 Welsh Cakes w/ Cottage Cheese & Fruit Oatmeal Raisin Cookies
23 Chef's Choice Omelette Stewed Rhubarb	24 Grilled Tomato & Cheese w/ Chips Fruit Salad	25 Chicken Wings w/ Carrot Salad Vanilla Yogurt	26 Beef Burger w/ Fries Ginger Cookies	27 Chicken Salad Sandwich w/ Asian Coleslaw Magic Squares	28 Bagel and Lox Fruit Salad	29 Corned Beef on Rye w/ Potato Salad Yogurt w/ Crushed Pineapple
30 Bran Muffin w/ Cheddar Cheese and Fruit Rice Pudding	*** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>DINNER at The CEDARS (250-477-4850) Menu for the Month of JUNE 2024 served 5:00 – 5:30pm All Dinner Entrées are served with specially prepared Potatoes or Rice and Seasonal Fresh Vegetables *** Please ask your Server for today's Daily Feature *** ***Tossed greens always available ***</p>						1 Baked Steelhead OR Salisbury Steak Pear Betty
Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request.						
2 Marinated Pork Loin Roast Berry Cheese Cake	3 Veggie Coconut Curry OR Orange Chicken Pavlova	4 Beef Pot Pie OR Breaded Haddock Lemon Tarts	5 Butternut Squash Ravioli OR Chicken Cacciatore Applesauce Cake	6 Swiss Steak OR Barley Stuffed Tomatoes Peanut Butter Pie	7 Arctic Char OR Grilled Turkey Sausage Caramel Custard	8 Red Snapper OR Tourtiere Fruit Cocktail Cake
9 Baked Ham w/ Scalloped Potatoes Lemon Meringue Pie	10 Veal Cutlet OR Eggplant Parmesan Panna Cotta	11 Shrimp Casserole OR Pork Tenderloin Spiced Vanilla Chai Cake	12 Lamb Stew OR Paprika Chicken Chocolate Mint Frozen Pie	13 Meatloaf OR Tofu Stir-Fry Pineapple Upside Down Cake	14 Pork Chops OR Grilled Salmon Fruit Crepes	15 Butter Chicken OR Crusted Talapia Fudge Brownie Cake
16 Father's Day Dad's Favorite Beef Pot Roast w/ Trimmings Apple Pie	17 Ham Steaks OR Spaghetti w/ Meat Sauce Carrot Cake	18 Shake & Bake Chicken OR Veggie Chili Tiramisu	19 Pork Souvlaki OR Seafood Newburg Lemon Olive Oil Cake	20 Chicken Almandine OR Shepherd's Pie Small Cheese Plate	21 Moroccan Lamb Patties OR Grilled Mahi Mahi Rhubarb Crisp	22 Fettuccine w/ Bacon & Tomatoes OR Fish Cakes Baked Apples
23 Roast Turkey w/ Trimmings Bread Pudding	24 Chicken Apple Sausage OR Breaded Sole Pecan Pie	25 Braised Beef Tips OR Stuffed Peppers Mixed Berries w/ Custard	26 Veggie Risotto OR Lamb Chops Trifle	27 Cod Loins OR Beef Stroganoff Hummingbird Cake	28 BBQ Ribs w/ Baked Potato Berry Shortcake	29 Turkey Patties OR Grilled Bratwurst Chocolate Mousse
30 Salmon Wellington Three Milk Cake	*** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***					