






SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><p>Ray</p></div> <div>THE CEDARS at DAWSON HEIGHTS (250-477-4850) <u>LUNCH</u> Menu for the Month of December 2023 Served 12:00 – 12:30pm *** Please ask your Server for the Soup of the Day *** ***Fresh made sandwiches always available at lunch*** Tossed greens always available</div>					1 Chef's Choice Quiche w/ Mixed Veggies Stewed Rhubarb	2 Smoked Turkey Bunwich w/ Chips & Pickles Fruit Salad
3 Pancakes w/ Fruit Compote Chocolate Pudding	4 Ham Salad Sandwich Fruit Plate	5 Fish & Chips w/ Coleslaw Applesauce	6 Welsh Rarebit w/ Broccoli Spears Nanaimo Bars	7 Chicken & Sundried Tomato Orzo Salad w/ Focaccia Bread Oatmeal Raisin Cookies	8 Single Clubhouse w/ Sweet Pickles Fruit Salad	9 Beef Chili w/ Corn Muffin Butter Tarts
10 Fried Eggs w/ Bacon Shortbread Cookies	11 Macaroni & Cheese w/ Sliced Tomatoes Pear Halves	12 Roast Beef & Swiss Sandwich Coconut Kisses	13 Grilled Ham & Cheese Sandwich Fresh Fruit Tart	14 Trio Salads w/ Roll Rice Crispy Treats	15 Smoked Salmon and Cream Cheese Bagel Peanut Butter Cookies	16 Egg Salad Sandwich w/ Chips Date Squares
17 Waffles w/ Strawberry Sauce Frozen Yogurt	18 Chicken Strips w/ Caesar Salad Fruit Plate	19 BLT w/ 3 Bean Salad Gluten Free Brownies	20 Cobb Salad Sour Cream Banana Loaf	21 Ploughman's Lunch Fruit Salad	22 Monte Cristo w/ Fresh Fruit Assorted Christmas Treats	23 Buttermilk Biscuits & Gravy w/ Bacon Tapioca Pudding
24 Bran Muffin w/ Cottage Cheese & Fruit Creamy Coconut Rice Pudding	25 <u>Christmas Day</u> Eggs Benny Mincemeat Tarts	26 <u>Boxing Day</u> Hawaiian Pizza Melt w/ Veggies & Dip Pound Cake	27 Hot Dogs w/ Yam Fries Crackle Top Cookies	28 Chef's Salad w/ Fresh Roll Fruit Plate	29 Shrimp Croissant w/ Cucumber Salad Vanilla Yogurt	30 Mini Beef Burgers w/ Fries Chocolate Chip Cookies
31 Chef's Choice Omlette Fruit Salad	***Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request.*** *** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div></div> <div>THE CEDARS at DAWSON HEIGHTS (250-477-4850) <u>DINNER</u> Menu for the Month of December 2023 served 5:00 – 5:30pm All Dinner Entrées are served with specially prepared Potatoes or Rice and Seasonal Fresh Vegetables *** <i>Please ask your Server for today's Daily Feature</i> *** Tossed greens always available</div>					1 Scottish Pie OR Baked Tortellini Chocolate Pudding Cake	2 Baked Cod OR BBQ Chicken Tiramisu
3 Salmon Wellington Apple Pie w/ Cheddar Cheese	4 Stuffed Portabella Mushrooms OR Chicken Parmesan Cranberry Bread Pudding	5 Turkey Loaf OR Arctic Char Berry Cheesecake	6 Pork Chops OR Beef Bourguignon Lemon Tarts	7 Poached Sole OR Meatloaf Sweet Potato Pie	8 Veal Cutlets OR Baked Tortellini Berry Chiffon Cake	9 Teriyaki Chicken OR Fish Cakes Small Cheese Plate
10 Beef Pot Roast Carrot Cake	11 Grilled Ham Steak OR Shepherds' Pie Fruit Cobbler	12 Polenta Four Cheeses OR Roast Chicken w/ Herb Gravy Fruit Cocktail Cake	13 Pork Tenderloin OR Wild Mushroom Risotto Chocolate Mousse	14 Candlelight Dinner 	15 Shake & Bake Chicken OR Linguini w/ Clam Sauce Baked Apples w/ Custard	16 Stuffed Peppers OR Salisbury Steak Cherry Poke Cake
17 Marinated Pork Loin Lemon Meringue Pie	18 Spaghetti w/ Meat Sauce OR Breaded Haddock Trifle	19 Sweet & Sour Pork OR Paprika Chicken Peanut Butter Pie	20 Veal Stew OR Seafood Bouillabaisse Panna Cotta	21 Chicken Apple Sausage OR Beef Pot Pie Pavlova	22 Bangers and Mash OR Red Snapper Pecan Pie	23 Chicken Florentine OR Tourtière Three Milk Cake
24 Baked Ham w/ Scalloped Potatoes Caramel Custard	25 <u>Christmas Day</u> Roast Turkey Dinner  Eggnog Cheesecake	26 <u>Boxing Day</u> Pan Fried Trout OR Pork Cutlet Peach Betty	27 Lamb Chops OR Quinoa w/ Chick Peas & Tomatoes Applesauce Cake	28 Honey Mustard Chicken OR Hungarian Goulash Fudge Brownies	29 Rib Night w/ Baked Potato Cranberry Upside Down Cake	30 Swedish Meatballs OR Baked Steelhead Fillet Fruit Crepes
31 Chicken Cordon Bleu Raisin Pie	***Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request.*** *** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***					