





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <h2 style="margin: 0;">THE CEDARS at DAWSON HEIGHTS</h2> <h3 style="margin: 0;"><u>LUNCH</u> Menu for the Month of MAY 2023 Served 12:00 – 12:30pm</h3> <p style="margin: 0;">*** Please ask your Server for the Soup of the Day***</p> <p style="margin: 0;">*** Fresh made sandwiches always available at lunch***</p> <p style="margin: 0;">Tossed greens always available</p> <p style="margin: 0;">*** Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request***</p> 						
	1 BLT w/ Asian Coleslaw Stewed Berries	2 Grilled Prawns w/ Garden Salad Fruit Salad	3 Egg Salad Sandwich w/ Chips & Pickles Rice Krispie Squares	4 Grilled Ham and Cheese w/ Fresh Fruit Vanilla Yogurt	5 Raisin Scone w/ Cottage Cheese & Fruit Oatmeal Raisin Cookies	6 Deli Meat Sandwiches w/ Pickles & Chips Berries & Cream
7 Breakfast Sandwich Fruit Jell-O	8 Roast Beef and Cheddar Sandwich Blueberry Yogurt	9 Chicken Strips w/ Caesar Salad Apricot Halves	10 Ploughman's Lunch Fresh Fruit Plate	11 Chili Con Carne W/ Corn Muffin Berries and Cream	12 Chef's Salad w/ Fresh Roll Peanut Butter Cookies	13 Fish & Chips w/ Coleslaw Fruit Salad
14 Mother's Day Mini Tea Plates	15 Tuna Melt w/ Black Bean & Corn Salad Stewed Rhubarb w/ Custard	16 Clubhouse Sandwich w/ Carrot Salad Yogurt & Berry Parfait	17 Macaroni & Cheese w/ Tomato Slices Coconut Buttermilk Pound Cake	18 Ham Salad Sandwich Ginger Cookies	19 Mediterranean Chicken Quinoa Salad Fresh Fruit Salad	20 Egg Salad Croissant Coconut Kisses
21 Buttermilk Pancakes w/ Sausages Frozen Yogurt	22 VICTORIA DAY Waffles w/ Strawberries Peach Slices	23 Beef Dip w/ Home Fries Gluten Free Brownies	24 Chicken Wings w/ Apple Coleslaw Fruit Salad	25 Shrimp, Artichoke & Sundried Tomato Salad w/ Focaccia Yogurt w/ Crushed Pineapple	26 Chef's Choice Quiche w/ Veggies & Dip Ice Cream Sandwiches	27 Beef Sliders w/ Yam Fries Fresh Fruit Plate
28 Chef's Choice Omlette Oatmeal Raisin Cookies	29 Hot Dogs w/ Baked Beans Fruit Plate	30 Turkey & Swiss Bunwich Chocolate Chip Cookies	31 Baked Scotch Egg w/ Garden Salad Pear Halves	*** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 THE CEDARS at DAWSON HEIGHTS DINNER Menu for the Month of MAY 2023 Served 5:00 – 5:30pm All Dinner Entrées are served with specially prepared Potatoes or Rice and Seasonal Fresh Vegetables *** Please ask your Server for today's Daily Feature ***Tossed greens always available*** ***Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request.*** 						
Ray	1 Sweet Potato Chicken Pie OR Lamb Patties Caramel Custard	2 Beef Stroganoff OR Veggie Chili Berry Pie	3 Penne w/ Sausage & Tomatoes OR Orange Chicken Tiramisu	4 Pan Fried Snapper OR Pork Tenderloin Fruit Cocktail Cake	5 Stuffed Peppers OR Salisbury Steak Small Cheese Plate	6 Chicken Apple Sausage OR Lamb Curry Black Forest Cake
7 Beef Pot Roast Cranberry Orange Loaf	8 Spaghetti & Meatballs OR Paprika Chicken Pavlova	9 Almond Rainbow Trout OR Pork Souvlaki Brown Sugar Spice Cake	10 Chicken Breast Florentine OR Beef Stew Lemon Tarts	11 Pork Cutlets OR Baked Cod Pumpkin Brownies	12 Pepper Steak OR Turkey Sausages Pineapple Upside Down Cake	13 Tourtière OR Fettuccine Alfredo Rice & Craisin Pudding
14 Mother's Day Salmon Wellington Carrot Cake	15 Lamb Chops OR Roast Leg of Chicken w/ Herb Gravy Lemon Pudding Cake	16 Bangers & Mash OR Arctic Char Apple Crumble	17 Chicken Divan OR Wild Mushroom Risotto Chocolate Crunch Brownies	18 Steelhead Fillet OR Veal Cutlet Strawberry Romanoff	19 Meatloaf OR Baked Tortellini Cheesecake	20 Chicken Chow Mein OR Breaded Oysters Zucchini Chocolate Cake
21 Turkey Dinner w/ Sage Stuffing Pumpkin Pie	22 VICTORIA DAY Salmon Burger OR Beef Burger w/ Potato Salad Ice Cream Sundae	23 Ham Steaks OR Chicken Parmesan Fruit Crepes	24 Poached Sole OR Pork & Pineapple Kabobs Lemon Meringue Pie	25 Braised Beef Tips OR Vegetable Pot Pie Baked Apples w/ Warm Custard	26 BBQ Ribs w/ Baked Potato Chocolate Mousse	27 Liver and Onions OR Breaded Haddock Pear Betty
28 Baked Ham w/ Scalloped Potatoes Apple Pie	29 Shepherds' Pie OR Vegetarian Lasagna Trifle	30 Mahi Mahi OR Lamb Souvlaki Lemon Olive Oil Cake	31 Almond Chicken OR Stuffed Tomatoes Ice Cream	*** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***		