



LUNCH at The CEDARS

Menu for the Month of JUNE 2022 Served 12:00 – 12:30pm

*** Fruit juices and milk always available *** Please ask your Server for the Soup of the Day ***

Chef salad available with notice ***Fresh made sandwiches always available at lunch

Tossed greens always available,

Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***			1 Baked Salmon w/ Garden Salad Peaches & Cream	2 Rueben w/ Potato Salad Fresh Fruit Salad	3 Tuna Salad Wrap Yogurt w/ Crushed Pineapple	4 Clubhouse Sandwich Strawberries & Cream
5 Buttermilk Pancakes w/ Sausages Crackle Top Molasses Cookies	6 Hawaiian Pizza Melt w/ Veggies & Dip Fruit Salad	7 Ploughman's Lunch Nanaimo Bars	8 Roasted Pear Salad w/ Provolone Cheese & Walnuts Yogurt Berry Parfait	9 Ham and Swiss Sandwich Fruit Plate	10 Chef's Salad w/ Fresh Roll Peanut Butter Cookies	11 Chicken Strips w/ Caesar Salad Vanilla Pudding
12 Breakfast Sandwich w/ Hashbrowns Chocolate Chip Cookies	13 Roast Turkey & Pesto Sandwich Fruit Plate	14 Bagel and Lox Date Squares	15 Macaroni & Cheese w/ Sliced Tomatoes Apricot Halves	16 Chef's Choice Quiche w/ veggies Blueberry Yogurt	17 Beef Dip w/ Home Fries Gluten Free Brownies	18 BLT w/ Bean Salad Stewed Berries
19 <u>Father's Day</u> Fried Eggs w/ Hash Browns & Bacon Dads Cookies	20 Fish & Chips w/ Coleslaw Raspberry Swirl Frozen Yogurt	21 Chicken Sliders w/ Yam Fries Fruit Salad	22 Monte Cristo w/ Fresh Fruit Mango Tapioca	23 Hot Open Faced Roast Beef Sandwich Fruit Plate	24 Egg Salad Croissant Pear Halves	25 Cinnamon Buns w/ Cottage Cheese & Fruit Oatmeal Raisin Cookies
26 Chef's Choice Omelette Stewed Rhubarb	27 Grilled Tomato & Cheese w/ Chips Fruit Salad	28 Chicken Wings w/ Carrot Salad Frozen Yogurt	29 Beef Burger w/ Fries Ginger Cookies	30 Chicken Salad Sandwich w/ Asian Coleslaw Magic Squares		



DINNER at The CEDARS

Menu for the Month of JUNE 2022 served 5:00 – 5:30pm

All Dinner Entrées are served with specially prepared Potatoes or Rice and Seasonal Fresh Vegetables

*** Please ask your Server for today's Daily Feature ***

***Tossed greens always available ***



Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>*** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***</p>			<p>1 Shake & Bake Chicken OR Veggie Chili Rhubarb Crisp</p>	<p>2 Turkey Patties OR Pork Pot Pie Three Milk Cake</p>	<p>3 BBQ Chicken OR Grilled Bratwurst Chocolate Mousse</p>	<p>4 Breaded Sole OR Pork Tenderloin Pear Betty</p>
<p>5 Roast Turkey w/ Trimmings Berry Cheese Cake</p>	<p>6 Veggie Coconut Curry OR Orange Chicken Pavlova</p>	<p>7 Moroccan Lamb Patties OR Breaded Haddock Lemon Tarts</p>	<p>8 Butternut Squash Ravioli OR Chicken Almandine Applesauce Cake</p>	<p>9 Swiss Steak OR Barley Stuffed Tomatoes Peanut Butter Pie</p>	<p>10 Arctic Char OR Grilled Turkey Sausage Caramel Custard</p>	<p>11 Red Snapper OR Shepherd's Pie Fruit Cocktail Cake</p>
<p>12 Baked Ham w/ Scalloped Potatoes Lemon Meringue Pie</p>	<p>13 Veal Cutlet OR Eggplant Parmesan Panna Cotta</p>	<p>14 Shrimp Casserole OR Scottish Pie Spiced Vanilla Chai Cake</p>	<p>15 Lamb Stew OR Paprika Chicken Pineapple Upside Down Cake</p>	<p>16 Meatloaf OR Tofu Stir-Fry Chocolate Mint Frozen Pie</p>	<p>17 Pork Chops OR Grilled Salmon Fruit Crepes</p>	<p>18 Butter Chicken OR Crusted Alaskan Pollock Fudge Brownie Cake</p>
<p>19 <u>Father's Day</u> Dad's Favorite Beef Pot Roast w/ Trimmings Apple Pie</p>	<p>20 Chicken Parmesan OR Spaghetti w/ Meat Sauce Carrot Cake</p>	<p>21 Salisbury Steak OR Pan Fried Trout Tiramisu</p>	<p>22 Pork Souvlaki OR Seafood Newburg Lemon Olive Oil Cake</p>	<p>23 Chicken Cacciatore OR Tourtiere Small Cheese Plate</p>	<p>24 BBQ Ribs w/ Baked Potato Berry Shortcake</p>	<p>25 Fettuccine w/ Bacon & Tomatoes OR Fish Cakes Baked Apples</p>
<p>26 Marinated Pork Loin Roast Bread Pudding</p>	<p>27 Chicken Apple Sausage OR Baked Steelhead Pecan Pie</p>	<p>28 Braised Beef Tips OR Stuffed Peppers Mixed Berries w/ Custard</p>	<p>29 Veggie Risotto OR Lamb Chops Trifle</p>	<p>30 Cod Loins OR Beef Stroganoff Hummingbird Cake</p>		