





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		THE CEDARS at DAWSON HEIGHTS LUNCH Menu for the Month of MAY 2022 Served 12:00 – 12:30pm <i>*** Please ask your Server for the Soup of the Day***</i> <i>*** Fresh made sandwiches always available at lunch***</i>					
1 Buttermilk Pancakes w/ Sausages Pear Halves	2 BLT w/ Asian Coleslaw Stewed Berries	3 Grilled Prawns w/ Garden Salad Fruit Salad	4 Egg Salad Sandwich w/ Chips & Pickles Rice Krispie Squares	5 Grilled Ham and Cheese w/ Fresh Fruit Vanilla Yogurt	6 Tuna Melt w/ Black Bean & Corn Salad Oatmeal Raisin Cookies	7 Deli Meat Sandwiches w/ Pickles & Chips Berries & Cream	
8 <i>Mother's Day</i> Mini Tea Plates	9 Roast Beef and Cheddar Sandwich Blueberry Yogurt	10 Chicken Strips w/ Caesar Salad Apricot Halves	11 Ploughman's Lunch Fresh Fruit Plate	12 Ham Salad Sandwich Berries and Cream	13 Chef's Salad w/ Fresh Roll Peanut Butter Cookies	14 Fish & Chips w/ Coleslaw Fruit Salad	
15 Breakfast Sandwich Fruit Jell-O	16 Raisin Scone w/ Cottage Cheese & Fruit Stewed Rhubarb w/ Custard	17 Clubhouse Sandwich w/ Carrot Salad Yogurt & Berry Parfait	18 Macaroni & Cheese w/ Tomato Slices Coconut Buttermilk Pound Cake	19 Baked Scotch Egg w/ Garden Salad Ginger Cookies	20 Mediterranean Chicken Quinoa Salad Fresh Fruit Salad	21 Ham & Cheese Croissant Coconut Kisses	
22 Chef's Choice Omllette Frozen Yogurt	23 <u>Victoria Day</u> Waffles w/ Strawberries Peach Slices	24 Beef Dip w/ Home Fries Gluten Free Brownies	25 Chicken Wings w/ Apple Coleslaw Fruit Salad	26 Shrimp, Artichoke & Sundried Tomato Salad w/ Focaccia Yogurt w/ Crushed Pineapple	27 Chef's Choice Quiche w/ Veggies & Dip Ice Cream Sandwiches	28 Beef Sliders w/ Yam Fries Fresh Fruit Plate	
29 Soft Boiled Eggs w/ Bacon Oatmeal Raisin Cookies	30 Hot Dogs w/ Baked Beans Fruit Plate	31 Turkey & Swiss Bunwich Chocolate Chip Cookies	Tossed greens always available ***Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request*** *** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***				

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 THE CEDARS at DAWSON HEIGHTS DINNER Menu for the Month of MAY 2022 Served 5:00 – 5:30pm All Dinner Entrées are served with specially prepared Potatoes or Rice and Seasonal Fresh Vegetables *** Please ask your Server for today's Daily Feature ***Tossed greens always available*** 						
1 Baked Ham w/ Scalloped Potatoes Ice Cream	2 Sweet Potato Chicken Pie OR Lamb Patties Caramel Custard	3 Beef Stroganoff OR Veggie Chili Cherry Pie	4 Penne w/ Sausage & Tomatoes OR Orange Chicken Tiramisu	5 Pan Fried Snapper OR Pork Tenderloin Fruit Cocktail Cake	6 Stuffed Tomatoes OR Salisbury Steak Small Cheese Plate	7 Chicken Apple Sausage OR Lamb Chops Black Forest Cake
8 Mother's Day Salmon Wellington Carrot Cake	9 Pork & Pineapple Kabobs OR Paprika Chicken Pavlova	10 Almond Rainbow Trout OR Spaghetti & Meatballs Brown Sugar Spice Cake	11 Chicken Breast Florentine OR Beef Stew Lemon Tarts	12 Tourtière OR Baked Cod Pumpkin Brownies	13 Pepper Steak OR Turkey Sausages Pineapple Upside Down Cake	14 Pork Souvlaki OR Fettuccine Alfredo Rice & Craisin Pudding
15 Beef Pot Roast Cranberry Orange Loaf	16 Lamb Curry OR Roast Leg of Chicken w/ Herb Gravy Lemon Pudding Cake	17 Bangers & Mash OR Breaded Oysters Apple Crumble	18 Chicken Divan OR Wild Mushroom Risotto Chocolate Crunch Brownies	19 Steelhead Fillet OR Veal Cutlet Strawberry Romanoff	20 Meatloaf OR Baked Tortellini Cheesecake	21 Chicken Chow Mein OR Breaded Haddock Zucchini Chocolate Cake
22 Turkey Dinner w/ Sage Stuffing Pumpkin Pie	23 Victoria Day Salmon Burger OR Beef Burger w/ Potato Salad Ice Cream Sundae	24 Ham Steaks OR Chicken Parmesan Fruit Crepes	25 Poached Sole OR Pork Cutlets Lemon Meringue Pie	26 Braised Beef Tips OR Vegetable Pot Pie Baked Apples w/ Warm Custard	27 BBQ Ribs w/ Baked Potato Chocolate Mousse	28 Liver and Onions OR Arctic Char Pear Betty
29 Marinated Pork Loin Roast Apple Pie	30 Shepherds' Pie OR Vegetarian Lasagna Trifle	31 Mahi Mahi OR Lamb Souvlaki Lemon Olive Oil Cake	***Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request.*** *** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***			