



THE CEDARS at DAWSON HEIGHTS

LUNCH Menu for the Month of April 2022 Served 12:00 – 12:30pm



*** Please ask your Server for the Soup of the Day ***

Fresh made sandwiches always available at lunch

Tossed greens always available

Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>GLOSSARY</u> <i>Sloppy Joes: Seasoned ground beef on a soft Brioche Bun</i>					1 Chef's Choice Quiche w/ Veggies Stewed Berries	2 Deli Sandwiches w/ Pickles & Chips Oatmeal Raisin Cookies
*** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***						
3 Chef's Choice Omelette Butterscotch Pudding	4 Smoked Turkey & Avocado Wrap Fruit Plate	5 Beef Dip w/ Fries Gluten Free Brownies	6 Reuben Sandwich w/ Sauerkraut Bananas & Cream	7 Chef's Salad w/ Roll Chocolate Chip Cookies	8 Clubhouse w/ Carrot Salad Magic Squares	9 Sloppy Joes w/ Peas Fruit Salad
10 Buttermilk Pancakes w/ Bacon Date Squares	11 Egg Salad Croissant w/ Carrot Raisin Salad Vanilla Yogurt	12 Chicken Salad Sandwich Fruit Salad	13 Fish & Chips w/ Coleslaw Honey Walnut Brownies	14 Macaroni & Cheese w/ Tomato Slices Sherbet	15 <u>GOOD FRIDAY</u> Cinnamon Roll w/ Cottage Cheese Peach Slices	16 Grilled Cheese & Tomato Sandwich Fruit Plate
17 <u>EASTER SUNDAY</u> Scrambled Eggs w/ Sausages Yogurt Parfait	18 <u>EASTER MONDAY</u> Chicken Strips w/ Caesar Salad Coconut Rice Pudding	19 Mediterranean Egg Salad Sandwich Fruit Salad	20 Turkey Melt w/ Veggies & Dip Snickerdoodles	21 BLT w/ Potato Salad Fruit Plate	22 Spinach Salad w/ Buttermilk Biscuit Ice Cream Drumsticks	23 Welsh Rarebit w/ Steamed Broccoli Chocolate Pudding
24 Corned Beef Hash w/ Fried Eggs Jell-O	25 Rosemary Ham on Rye Sour Cream Banana Bread	26 Trio Salad Plate w/ Roll Peanut Butter Cookies	27 Hash Brown Sausage Bake Fruit Plate	28 Beef Sliders w/ Yam Fries Blondies	29 Perogies w/ Bacon & Onions Apple Craisin Rice Pudding	30 Ploughman's Lunch Ginger Cookies



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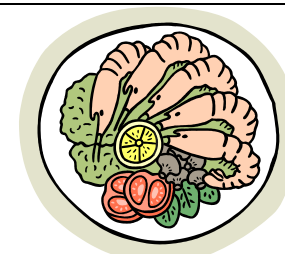
DINNER Menu for the Month of April 2022 Served 5:00 – 5:30pm


All Dinner Entrées are served with specially prepared Potatoes or Rice and Seasonal Fresh Vegetables

*** Please ask your Server for today's Daily Feature ***

Tossed greens always available

Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
GLOSSARY: <i><u>Lamb Souvlaki:</u> skewered Lamb with Greek spices, pita bread and tzatziki (cucumber yogurt dip)</i>					1 Teriyaki Chicken OR Baked Haddock Apple Betty	2 Baked Tortellini OR Meatloaf 3 Milk Cake
*** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***						
3 Beef Pot Roast Pecan Pie	4 Liver & Onions OR Poached Sole Cheesecake	5 Veggie Lasagna OR Chicken Florentine Fruit Cocktail Cake	6 Pork Pot Pie OR Turkey Patties Ice Cream	7 Lamb Souvlaki OR Veal Cutlets Red Velvet Cake	8 Spinach Cannelloni OR Braised Beef Tips Pavlova	9 Chicken Apple & Leek Sausage OR Tourtiere Bread Pudding
10 Slow Cooked Pork Roast Lemon Meringue Pie	11 Spaghetti w/ Meat Sauce OR Arctic Char Tiramisu	12 Maple Bacon Lentil Stew OR Lamb Patties Lemon Olive Oil Cake	13 Beef Stroganoff OR Stuffed Tomato Banana Cream Pie	14 Dijon Pork Tenderloin OR Garlic Prawns Berry Cobbler	15 <u>GOOD FRIDAY</u> Chicken Coq au Vin OR Oven Poached Cod Caramel Custard	16 Bangers and Mash OR Fish Cakes Small Cheese Plate
17 <u>EASTER SUNDAY</u> Baked Ham w/ Scalloped Potatoes  Raisin Pie	18 <u>EASTER MONDAY</u> Pan Fried Snapper OR Pepper Steak Apple Crumble	19 Breast of Chicken w/ Mushroom Sauce OR 3 Bean & Ham Casserole Carrot Cake	20 Pasta Primavera OR Salisbury Steak Fruit Tarts	21 Chicken Almandine OR Stuffed Peppers Strawberry Mousse	22 Pizza Night w/ Caesar Salad Pear Cobbler	23 Swedish Meatballs OR Pan Fried Trout Fruit Crepes
24 Turkey Dinner w/ Sage Stuffing Apple Pie	25 Bacon & Onion Risotto OR BBQ Chicken Chocolate Pudding Cake	26 Beef Osso Bucco OR Catch of the Day Rhubarb Crisp	27 Pork Cutlets OR Lamb Chops Trifle	28 <u>Room Service</u> Chicken Pot Pie w/ Garden Salad and Roll Zucchini Chocolate Cake	29 BBQ Rib Night w/ Baked Potato Chocolate Mousse	30 Pork Adobo OR Turkey Sausage Baked Apples w/ Custard