



Resident Update May 6th, 2021

With the travel restrictions recommended and, in some cases enforced, the numbers of Covid-19 infections appear to be coming down. More of us continue to get vaccinated. While the vaccine is not a guarantee that we will not contract Covid-19, it will protect most of us. However, we still need to be cautious and conscientious in our sanitizing and interactions with each other. Only recently have we had it confirmed that the virus can in fact be air borne.

Residents in The Cedars are no longer required to wear masks when in the building; all staff and all visitors must wear medical grade masks whether inside or outside on our property. Because of this Island Health order, residents and visitors cannot share food and drinks when visiting in The Cedars.

Residents are still required to use masks when they go out into the wider community. Some residents, in an abundance of caution, are choosing not to go out and about. Some may decide that they feel more comfortable simply keeping a mask on when outside of their apartment. I fully support this choice.

We continue to allow space for social distancing in our dining and recreation areas as we monitor the on-going progress of the virus in our community. We have been lucky as well as diligent in our safety protocols. Let us continue to be so.

Regarding safety – we spend so much time focusing on safety with respect to Covid-19 that we sometimes forget about other areas of safety. Prior to Covid, we used to have a notice in the elevator limiting the numbers of walkers/wheelchairs at any one time. This was because a crowded elevator can create a tripping hazard. Add to that concerns about close contact in these Covid times and anxiety levels rise.

I would like to request, for the time being, that residents and staff alike limit the number of people in the elevator to a maximum of 4, with or without walkers. I will ask Jonathan to post a visual reminder.

I think too, another reminder is in order, as we all tire from the constant rules attempting to govern our behaviours and daily existence. Let us be kinder to each other. Let us give each other the benefit of the doubt, that we are all doing the best that we can and that some days we are better at it than other days!

Please let me know if you have any questions.

Karen Hope, Executive Director