




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 <p>THE CEDARS at DAWSON HEIGHTS LUNCH Menu for the Month of MAY 2021 Served 12:00 – 12:30pm <i>*** Please ask your Server for the Soup of the Day***</i> <i>*** Fresh made sandwiches always available at lunch***</i></p>						1 Turkey & Swiss Bunwich Chocolate Chip Cookies	
2 Buttermilk Pancakes w/ Sausages Pear Halves	3 BLT w/ Asian Coleslaw Stewed Berries	4 Grilled Prawns w/ Garden Salad Fruit Salad	5 Egg Salad Sandwich w/ Chips & Pickles Rice Krispie Squares	6 Grilled Ham and Cheese w/ Fresh Fruit Vanilla Yogurt	7 Tuna Melt w/ Black Bean & Corn Salad Oatmeal Raisin Cookies	8 Deli Meat Sandwiches W/ Pickles and Chips Berries & Cream	
9 Mother's Day Mini Tea Plates	10 Roast Beef and Cheddar Sandwich Yogurt w/ Crushed Pineapple	11 Chicken Strips w/ Caesar Salad Apricot Halves	12 Ploughman's Lunch Fresh Fruit Plate	13 Ham Salad Sandwich Berries and Cream	14 Chef's Salad w/ Fresh Roll Peanut Butter Cookies	15 Fish & Chips w/ Coleslaw Fruit Salad	
16 Breakfast Sandwich Fruit Jell-O	17 Raisin Scone w/ Cottage Cheese & Fruit Stewed Rhubarb w/ Custard	18 Clubhouse Sandwich w/ Carrot Salad Yogurt & Berry Parfait	19 Macaroni & Cheese w/ Tomato Slices Coconut Buttermilk Pound Cake	20 Baked Scotch Egg w/ Garden Salad Ginger Cookies	21 Mediterranean Chicken Quinoa Salad Fresh Fruit Salad	22 Ham & Cheese Croissant Coconut Kisses	
23 Chef's Choice Omllette Frozen Yogurt	24 Victoria Day Waffles w/ Strawberries Peach Slices	25 Beef Sliders w/ Yam Fries Gluten Free Brownies	26 Chicken Wings w/ Apple Coleslaw Fruit Salad	27 Shrimp, Artichoke & Sundried Tomato Salad w/ Focaccia Blueberry Yogurt	28 Chef's Choice Quiche w/ Veggies & Dip Ice Cream Sandwiches	29 Beef Dip w/ Home Fries Fresh Fruit Plate	
30 Soft Boiled Eggs w/ Bacon Oatmeal Raisin Cookies	31 Hot Dogs w/ Baked Beans Fruit Plate	Tossed greens always available ***Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request***					
*** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***							

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 THE CEDARS at DAWSON HEIGHTS DINNER Menu for the Month of MAY 2021 Served 5:00 – 5:30pm All Dinner Entrées are served with specially prepared Potatoes or Rice and Seasonal Fresh Vegetables *** Please ask your Server for today's Daily Feature ***Tossed greens always available***						1 Beef Pie OR Chicken Stew w/ Dumplings Applesauce Cake
2 Baked Ham w/ Scalloped Potatoes Ice Cream	3 Sweet Potato Chicken Pie OR Lamb Patties Caramel Custard	4 Beef Stroganoff OR Veggie Chili Cherry Pie	5 Penne w/ Sausage & Tomatoes OR Orange Chicken Tiramisu	6 Pan Fried Snapper OR Pork Tenderloin Fruit Cocktail Cake	7 Stuffed Tomatoes OR Salisbury Steak Lemon Tarts	8 Chicken Apple Sausage OR Lamb Chops Black Forest Cake
9 Mother's Day Salmon Wellington Carrot Cake	10 Pork & Pineapple Kabobs OR Paprika Chicken Pavlova	11 Almond Rainbow Trout OR Spaghetti & Meatballs Brown Sugar Spice Cake	12 Chicken Breast Florentine OR Beef Stew Small Cheese Plate	13 Tourtière OR Baked Cod Pumpkin Brownies	14 Pepper Steak OR Turkey Sausages Pineapple Upside Down Cake	15 Pork Souvlaki OR Fettuccine Alfredo Rice & Craisin Pudding
16 Beef Pot Roast Cranberry Orange Loaf	17 Lamb Curry OR Roast Leg of Chicken w/ Herb Gravy Lemon Pudding Cake	18 Bangers & Mash OR Breaded Oysters Apple Crumble	19 Chicken Divan OR Wild Mushroom Risotto Chocolate Crunch Brownies	20 Catch of the Day OR Veal Cutlet Strawberry Romanoff	21 Meatloaf OR Baked Tortellini Cheesecake	22 Chicken Stir-fry OR Breaded Haddock Zucchini Chocolate Cake
23 Turkey Dinner w/ Sage Stuffing Pumpkin Pie	24 Victoria Day Salmon Burger OR Beef Burger w/ Potato Salad Ice Cream Sundae	25 Ham Steaks OR Chicken Parmesan Fruit Crepes	26 Poached Sole OR Pork Cutlets Lemon Meringue Pie	27 Braised Beef Tips OR Vegetable Pot Pie Baked Apples w/ Warm Custard	28 BBQ Ribs w/ Baked Potato Chocolate Mousse	29 Liver and Onions OR Arctic Char Pear Betty
30 Stuffed Porkloin Apple Pie	31 Shepherds' Pie OR Vegetarian Lasagna Trifle	***Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request.*** *** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***				