



**Covid-19  
Resident Update – March 26 2021**

The winds of changes are indeed blowing, even sooner than my April newsletter item suggested. The Provincial Health Officer (PHO) has decided to ease restrictions in assisted living because of immunization efforts and on-going requirements for screening of visitors and staff. As of **April 1<sup>st</sup>** the following changes will be enacted here in The Cedars:

**Social Visits**

1. No longer restricted to **one** designated person. Additional family and friends are allowed. However, there is a **maximum number of two visitors** (plus one child) allowed to visit at any one time.
2. Visits must still be **scheduled in advance** and tracked for contact tracing.
3. Residents may have social visits outdoors, with a maximum of 10 people; visitors are required to keep their masks in place but do not need to maintain a 6 feet distance.
4. Visits are no longer restricted to location, frequency or duration i.e. visits can take place in your apartment.
5. Yea! Hugs are back but your family and friends must wear their masks.
6. Visitors will still be required to sign in, be screened, sanitize and wear a medical grade mask during their visit.
7. Because of the on-going requirement for tracking, visits are allowed between the hours of 8 a.m. and 8 p.m. 7 days a week, except during meal times: 11:30 a.m. – 12:30 p.m. and 4:30 p.m -5:30 p.m.

If an active Covid-19 outbreak does occur all social visits will be suspended.

**Essential Visitor policy remains unchanged.**

Outings and overnight absences from The Cedars are allowed without the need to isolate for 14 days upon return. People moving in will not be required to isolate.

If you are leaving The Cedars for an outing, please ensure that you take a mask with you. There are still provincial Covid-19 restrictions for the general public that you must follow.

**Dining Room** – we are no longer required to limit two people to a table and can return to normal dining arrangements. I will be working with Barb to determine the timing of this. Guests are not yet allowed into the dining room.

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Recreation – Anita and Trish will be working on, gradually, returning to more regular programming.

Masks – As of today, residents are no longer required to wear masks while in The Cedars. Upon leaving The Cedars the PHO restrictions will apply as they do to everyone else in the community.

The safety and well-being of all remains our priority. Staff, family and care workers will continue to wear masks while visiting this property and the enhanced cleaning and sanitizing in The Cedars, by staff will continue. I would respectfully ask all residents, families and friends to follow the PHO guidelines when off-site.

As always, please let me know if you have any questions.

Karen Hope,  
Executive Director