




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 *** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***					1 New Year's Day Buttermilk Pancakes w/ Sausages Butter Tart	2 Chef's Choice Quiche w/ Mixed Veggies Chocolate Chip Cookies
3 Scrambled Eggs w/ Bacon Fruit Salad	4 Chicken Wings w/ Veggies and Dip Ice Cream Sandwiches	5 Raisin Bran Muffin w/ Cottage Cheese Strawberry Yogurt	6 Curried Chicken Salad Sandwich Magic Squares	7 Tuna Melt w/ Caesar Salad Pear Halves	8 BBQ Pork on a Bun w/ Coleslaw Fruit Plate	9 Deli Meat Mini Sub w/ Potato Salad Double Chocolate Chip Cookies
10 Chef's Choice Omelette Fruit Jell-O	11 Turkey Bunwich w/ Carrot Salad Yogurt & Berries Parfait	12 Macaroni & Cheese w/ Tomato Slices Fruit Salad	13 Baked Salmon on a Garden Salad Cinnamon Cookies	14 BLT w/ Fresh Fruit Coconut Kisses	15 Beef Noodle Casserole Stewed Berries	16 Fish & Chips w/ Coleslaw Ice Cream
17 Breakfast Sandwich w/ Hashbrowns Chocolate Pudding	18 Chef's Salad w/ Roll Fruit Plate	19 Beef Dip w/ Home Fries Gluten Free Brownies	20 Ploughman's Lunch Peanut Butter Cookies	21 Chicken Strips w/ Caesar Salad Rice Krispie Squares	22 Salmon Salad Wrap Applesauce	23 Grilled Tomato & Swiss Sandwich Fruit Salad
24 Soft Boiled Eggs w/ Sausages Butter Tarts	25 Monte Cristo w/ Fresh Fruit Oatmeal Raisin Cookies	26 Cobb Salad w/ Fresh Roll Blondies	27 Single Clubhouse w/ Chips Fruit Plate	28 Ham & Provolone on Rye w/ Chips & Sweet Pickles Stewed Rhubarb w/ Custard	29 Mini Chicken Burgers w/ Yam Fries Apricots	30 Egg Salad Croissant w/ Carrot Salad Lemon Tart
31 French Toast w/ Fruit Compote Rice & Raisin Pudding	THE CEDARS at DAWSON HEIGHTS LUNCH Menu for the Month of JANUARY 2021 Served 12:00 – 12:30pm *** Please ask your Server for the Soup of the Day *** ***Fresh made sandwiches always available at lunch*** Tossed greens always available ***Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request***					 Ray

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 *** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***					1 <u>New Year's Day</u> Salmon stuffed w/ Crab OR Chicken Breast topped w/ Crab Cheesecake	2 Turkey Patties OR Baked Cod Fruit Crepes
3 Stuffed Pork Loin Lemon Meringue Pie	4 Beef Pepper Steak OR Mushroom & Pea Risotto Tiramisu	5 Garlic Prawns OR Orange Chicken Black Magic Cake	6 Veal Cutlets OR Fish Cakes Chocolate Mousse	7 Shepherd's Pie OR Vegetarian Lasagna Buttery Cranberry Pie	8 Baked Tofu OR Chicken Almandine Baked Apples w/ Warm Custard	9 Chicken, Apple & Leek Sausage OR Mahi Mahi 3 Milk Cake
10 Beef Pot Roast Apple Pie	11 Trout Florentine OR Lamb Patties T'embèque	12 Salisbury Steak OR Chicken Coq au Vin Fruit Cocktail Cake	13 Linguine w/ Ham & Peas OR Turkey Loaf Boston Cream Pie	14 Corned Beef & Cabbage OR Lingcod Fillet Blueberry Cobbler	15 Chicken Pot Pie OR Pork Cutlets w/ Mushroom Sauce Fudge Brownies	16 Swedish Meatballs OR Stuffed Zucchini After Eight Cake
17 Roast Turkey Dinner Pecan Pie	18 Haddock Fillet OR Garlic Dijon Pork Tenderloin Fruit Crisp	19 Ham Steaks OR Chicken Parmesan Bread Pudding	20 Pan Fried Snapper OR Swiss Steak Applesauce Cake	21 Fettuccine Alfredo OR Turkey Sausage Raisin Pie	22 Pork Pot Pie OR Stuffed Portabellas Apple Betty	23 Oven Roasted Chicken OR Breaded Sole Small Cheese Plate
24 Baked Ham w/ Scalloped Potatoes Carrot Cake	25 <u>Robbie Burns Day</u> Roast Beef & Haggis Dinner Trifle	26 Bangers & Mash OR Seafood Newburg Pavlova	27 Traditional Beef Stew OR Lamb Chops Caramel Custard	28 Lemon and Herb Roast Chicken OR Stuffed Peppers Panna Cotta	29 Rib Night w/ Baked Potato Pineapple Upside Down Cake	30 Tourtière OR Chicken a la King Ice Cream Sundae
31 Roast Leg of Lamb Coconut Cream Pie	THE CEDARS at DAWSON HEIGHTS <u>DINNER</u> Menu for the Month of JANUARY 2021 Served 5:00 – 5:30pm All Dinner Entrées are served with specially prepared Potatoes or Rice and Seasonal Fresh Vegetables *** Please ask your Server for today's Daily Feature *** Tossed greens always available*** Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request.					