



THE CEDARS at DAWSON HEIGHTS

LUNCH Menu for the Month of November 2020 Served 12:00 – 12:30pm



*** Please ask your Server for the Soup of the Day ***

Fresh made sandwiches always available at lunch

Tossed greens always available

Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Chef's Choice Omelette Peanut Butter Cookies	2 BLT w/ Carrot Salad Fruit Salad	3 Grilled Cheese & Tomato Sandwich Rhubarb w/ Custard	4 Chef's Choice Quiche w/ Peas & Carrots Pumpkin Rice Pudding	5 Beef Dip w/ Fries Fruit Plate	6 Cobb Salad w/ Fresh Roll Fruit Tarts	7 Open Faced Hot Turkey Sandwich Peaches & Cream
8 Buttermilk Pancakes w/ Bacon Nanaimo Bars	9 Egg Salad Croissant Fruit Salad	10 Chicken Burger w/ Yam Fries Lemon Squares	11 <u>REMEMBRANCE</u> <u>DAY</u> Sausage Frittata Cinnamon Cookies	12 Deli Meat Bunwich w/ Potato Salad Frozen Yogurt	13 Chicken Strips w/ Caesar Salad Fruit Plate	14 Sloppy Joe's Pound Cake
15 Scrambled Eggs Corned Beef Hash Assorted Desserts	16 Clubhouse w/ Sweet Pickles Snickerdoodles	17 Tuna Melt w/ Veggies & Dip Fruit Salad	18 Chicken Breast Salad w/ Walnuts & Provolone Peach Slices	19 Beef Burger w/ Fries Strawberries and Cream	20 Macaroni & Cheese w/ Tomato Slices Chocolate Pudding	21 Egg Salad Sandwich w/ Chips Date Squares
22 Waffles w/ Strawberries & Cream Sour Cream Banana Loaf	23 Monte Cristo Fruit Salad	24 Fish & Chips w/ Coleslaw Vanilla Yogurt	25 Ploughman's Lunch Pecan Tassies	26 Ham on Rye w/ 3 Bean Salad Fruit Plate	27 Beef Patty Melt w/ Carrot Salad Apricots	28 Perogies w/ Bacon & Onions Shortbread Cookies
29 Breakfast Sandwich w/ Hash Browns Fruit Salad	30 Chef Salad w/ Roll Ice Cream Sandwiches	*** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***				



THE CEDARS at DAWSON HEIGHTS

DINNER Menu for the Month of November 2020 Served 5:00 – 5:30pm

All Dinner Entrées are served with specially prepared Potatoes or Rice and Seasonal Fresh Vegetables

*** Please ask your Server for today's Daily Feature ***

Tossed greens always available



Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Roast Turkey w/ Sage Stuffing Pecan Pie	2 Shepherds' Pie OR Baked Tortellini Lemon Tarts	3 Fish Cakes OR Chicken Florentine After Eight Cake	4 Lamb Chops OR Traditional Beef Stew Chocolate Mousse	5 Butter Chicken OR Pasta Primavera Caramel Custard	6 Beef Pepper Steak OR Almond Trout Fillet Fruit Cobbler	7 Stuffed Portobello Mushroom OR Meatloaf Three Milk Cake
8 Baked Ham w/ Scalloped Potatoes Bread Pudding	9 Baked Steelhead OR Liver & Onions Fruit Crepes	10 Sweet & Sour Pork OR Veal Parmesan Zucchini Spice Cake	11 <u>REMEMBRANCE</u> <u>DAY</u> Smoked Roasted Turkey Breast OR Braised Beef Tips Tiramisu	12 Poached Cod OR Lamb Patties Applesauce Cake	13 Bangers and Mash OR Baked Tofu Cheesecake	14 Chicken Almandine OR Ham Steaks Tembleque
15 Beef Pot Roast Lemon Meringue Pie	16 Fettuccine w/ Sausage & Tomatoes OR Breaded Haddock Pineapple Upside Down Cake	17 Chicken Stew w/ Dumplings OR Pork Pot Pie Panna Cotta	18 Mahi Mahi OR Teriyaki Beef Kabob Apple Pie	19 Eggplant Parmesan OR Pork Chops w/ Hunter Sauce Mango Mousse	20 Saffron Veg. Risotto OR Tourtière Apple Crisp	21 Swiss Steak OR Arctic Char Pavlova
22 Stuffed Porkloin Carrot Cake	23 Salisbury Steak OR Grilled Prawns Small Cheese Plate	24 Paprika Chicken OR Veal Cutlet Trifle	25 Turkey Patties OR Veggie Chili Cranberry Pie	26 Polynesian Chicken OR Breaded Sole Pumpkin Brownies	27 Rib Night w/ Baked Potato Berry Shortcake	28 Red Snapper OR Pork Tenderloin Baked Apples w/ Warm Custard
29 Salmon Wellington Blueberry Pie	30 Stuffed Peppers OR Chicken Apple Sausage Gluten Free Brownies	*** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***				