





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 THE CEDARS at DAWSON HEIGHTS LUNCH Menu for the Month of AUGUST 2020 Served 12:00 – 12:30pm <i>*** Please ask your Server for the Soup of the Day ***</i> <i>*** Fresh made sandwiches always available at lunch ***</i> Tossed greens always available, <i>*** Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request. ***</i>						1 BLT w/ Potato Salad Vanilla Pudding	
2 Chef's Choice Omelette Rainbow Sherbet	3 BC DAY Waffles with Strawberries Date Squares	4 Mild Beef Chili w/ Corn Muffin Fruit Plate	5 Cold Cuts & Cheese w/ Roll Baklava Tartlets	6 Pesto Chicken Salad Sandwich Fruit Salad	7 Grilled Ham & Cheese w/ Veggies & Dip Stewed Rhubarb	8 Chef Salad w/ Roll Oatmeal Raisin Cookies	
9 Raisin Scones w/ Cottage Cheese & Fresh Fruit Banana Brownies	10 Fish & Chips w/ Coleslaw Peaches and Cream	11 Chef's Choice Quiche w/ Veggies Marshmallow Peanut Butter Squares	12 Ham & Swiss Sandwich w/ Chips & Sweet Pickles Frozen Yogurt	13 Hot Dogs w/ Fries Fruit Plate	14 Smoked Turkey Sandwich Apricots	15 BBQ Pork on a Bun w/ Coleslaw Shortbread Cookies	
16 Fried Eggs w/ Bacon Ambrosia	17 Chicken Strips w/ Caesar Salad Fruit Plate	18 Deli Sandwich w/ Pickles and Chips Fruit Granita	19 Macaroni & Cheese w/ Sliced Tomatoes Ginger Cookies	20 Egg Salad Croissant Fruit Salad	21 Beef Dip w/ Home Fries Ice Cream	22 Single Clubhouse w/ Carrot Salad Fresh Berries	
23 Buttermilk Pancakes w/ Sausages Fruit Jello	24 Baked Salmon w/ Garden Salad Fruit Salad	25 Chicken Veggie Wrap Lemon Tarts	26 Ploughman's Lunch Fruit Plate	27 Roasted Pear Salad w/ Provolone Cheese & Walnuts Chocolate Chip Cookies	28 Quinoa Tabbouleh Salad w/ Grilled Chicken Berries & Cream	29 Tuna Salad Sandwich Snickerdoodles	
30 Scrambled Eggs w/ Bacon Fruit Salad	31 Cobb Salad Fruit Yogurt	*** MENU SUBJECT TO CHANGE WITHOUT NOTICE ***					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>THE CEDARS at DAWSON HEIGHTS DINNER Menu for the Month of AUGUST 2020 served 5:00 – 5:30pm All Dinner Entrées are served with specially prepared Potatoes or Rice and Seasonal Fresh Vegetables ***Please ask your Server for today's Daily Feature*** ***Tossed greens always available. Chef salad available with notice*** **Fresh or canned fruit, regular or diet yogurt, diet pudding, ice cream, always available as a dessert choice upon request.**</p>						<p>1 Beef Pot Pies OR Stuffed Peppers Bread Pudding</p>
<p>2 Roast Turkey w/ Trimmings Apple Pie</p>	<p>3 BC DAY Halibut OR Beef Burger  w/ Potato Salad Ice Cream Sundaes</p>	<p>4 Chicken Parmesan OR Pasta Primavera Boston Cream Pie</p>	<p>5 Cod Fillets OR Veal Cutlets Coconut Buttermilk Pound Cake</p>	<p>6 Bangers & Mash OR Stuffed Portobello Mushrooms Fruit Chiffon Pie</p>	<p>7 Arctic Char OR Lamb Patties Ice Cream Treats</p>	<p>8 Chicken w/ Herb Gravy OR Linguine w/ Sundried Tomato Pesto Apple Crisp</p>
<p>9 Baked Ham w/Scalloped Potatoes Lemon Meringue Pie</p>	<p>10 Lemon Herb Chicken OR Saffron Vegetable Risotto Deep Dish Brownies</p>	<p>11 Turkey Patties OR Fisherman's Pie Small Cheese Plate</p>	<p>12 BBQ Chicken Cold Plate Baked Apples</p>	<p>13 Spaghetti w/ Meat Sauce OR Veggie Pot Pie Strawberry Romanoff</p>	<p>14 Teriyaki Chicken OR Catch of the Day Tiramisu</p>	<p>15 Pan-fried Red Snapper OR Liver and Onions Pear Betty</p>
<p>16 Beef Pot Roast Cheesecake</p>	<p>17 Shrimp Casserole OR Veal Parmesan Sour Cream Coffee Cake</p>	<p>18 Chicken Florentine OR Braised Lamb Chops Fruit Crepes</p>	<p>19 Swiss Steak OR Fish Cakes Peach Upside Down Cake</p>	<p>20 Pork Pot Pie OR Eggplant Gratin Panna Cotta</p>	<p>21 Lamb Souvlaki OR Steelhead Fillet Three Milk Cake</p>	<p>22 Salisbury Steaks OR Breaded Sole Chocolate Mint Frozen Pie</p>
<p>23 Stuffed Pork Loin Pecan Pie</p>	<p>24 BBQ Chicken OR Grilled Bratwurst Trifle</p>	<p>25 Braised Beef Tips OR Crusted Alaskan Pollock Carrot Cake</p>	<p>26 Fettuccine Alfredo OR Lamb Stew Berry Strudel</p>	<p>27 Breaded Haddock OR Meatloaf Fruit Flan</p>	<p>28 BBQ Rib Night Applesauce Cake</p>	<p>29 Tourtière OR Veggie Chili Caramel Custard</p>
<p>30 Salmon Wellington Cherry Pie</p>	<p>31 Vegetable Lasagna OR Ham Steaks Zucchini Chocolate Cake</p>	<p>*** MENU SUBJECT TO CHANGE WITHOUT NOTICE***</p>				