

## **Coronavirus Update - The Cedars**

Thank you to everyone for working with us to help keep residents and staff safe. Few people are going out and few people are now coming into the building.

## To remind you:

- 1. Groceries, pharmacy and milk is being delivered to the front door and you are asked to come down and pick up your order.
- 2. I would ask that residents follow the guidance of the Provincial Health Officer to "shelter in place". i.e. Stay as close to home as you can apart from medical appointments and other essential appointments. As enjoyable as it is to do so, please resist going out and visiting family and friends.
- 3. For your information, staff themselves, as well as their families are taking every caution and staying home when not in work, in order to reduce any risk of infection.
- 4. We are not fully locked down yet BUT please ask your family to restrict visits to **essential visiting only** and then, only ONE person at a time. If you wish to visit you can always meet at the front door and stroll around the property or spend a little time visiting on the front benches sitting in the sun. It is not yet a directive but PLEASE no unnecessary visits.
- 5. Please share this information with your family and they are welcome to phone me should they have any questions.
- 6. The recommendations and plans change daily so no doubt there will be further updates.

Karen Hope Executive Director March 20, 2020